

Dua before sleeping

بِسْمِكَ اللَّهُمَّ أَمُوتُوا حَيًّا

In your Name Oh Allah! I Die and Live

Dua after waking up

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

All Praise is for ALLAH, who gave us life after causing us to Die, and unto Him is the resurrection

Dua before leaving house

بِسْمِ اللَّهِ ، تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

**In the name of Allah, I place my trust in ALLAH,
there is no might nor power except with ALLAH**

Dua for Travelling:

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا، وَمَا كُنَّا لَهُ مُقْرِنِينَ،
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ

Dua for entering home

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى رَبِّنَا تَوَكَّلْنَا .

In the name of ALLAH we enter and in the name of ALLAH we leave, and upon our lord we place our trust

Dua for going to the washroom

[بِسْمِ اللَّهِ] اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

O ALLAH I seek protection in you from male and female unclean spirits

Dua for leaving the washroom

عُفْرَانِكَ

I seek your forgiveness

Dua before eating

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**In the name of Allah who is the most beneficent
and merciful**

Dua after eating

الْحَمْدُ لِلَّهِ

Thanks be to ALLAH

Dua before drinking milk

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ

ALLAH bless it for us and give us more of it

Dua for learning

رَبِّ زِدْنِي عِلْمًا

O my Lord! increase my knowledge